

The Trace Soccer Player Development Pathway

Stage 1 U4-U6

Stage 2 U7-U9

Stage 3 U10-U12

Stage 4 U13-U15

Stage 5 U16-U18

Emotional

Learns the game

Loves the game

Wants to play the game

Commits to the game

Identifies with the game

Social

Gets along with teammates

Understands role on a team

Able to execute on group tactics

Develops sense of competitiveness

Balances standing out from the rest with being a teammate

Technical

Fundamental skills

Advanced skills

Skills under pressure

Skills turn into personal craft

Standing out technically and tactically

Physical

Basic motor skills

Motor skills meet natural talent

Fitness and strength training

Self-directed physical development

Maximize physical fitness and characteristics

Mental

Knows the rules and fundamentals

Knows structure of the game

Able to make decisions

Decision-making under pressure

Leadership skills from their position